



MINIMAS INTERNATIONAUX HOMMES POWERLIFTING MULTIPLY

| | Teenage | Junior | Sénior | Master 1 | Master 2 | Master 3 | Master 4 | Master 5 | Master 6 |
|---------|---------|--------|--------|----------|----------|----------|----------|----------|----------|
| 52 kg | 345 | 385 | 465 | 425 | 410 | 400 | 390 | 380 | 370 |
| 56 kg | 385 | 425 | 505 | 465 | 450 | 440 | 430 | 420 | 410 |
| 60 kg | 425 | 465 | 545 | 505 | 490 | 480 | 470 | 460 | 450 |
| 67.5 kg | 465 | 505 | 585 | 545 | 530 | 520 | 510 | 500 | 490 |
| 75 kg | 505 | 545 | 625 | 585 | 570 | 560 | 550 | 540 | 530 |
| 82.5 kg | 545 | 585 | 665 | 625 | 610 | 600 | 590 | 580 | 570 |
| 90 kg | 585 | 625 | 705 | 665 | 650 | 640 | 630 | 620 | 610 |
| 100 kg | 620 | 660 | 740 | 700 | 685 | 675 | 665 | 655 | 645 |
| 110 kg | 655 | 695 | 775 | 735 | 720 | 710 | 700 | 690 | 680 |
| 125 kg | 690 | 730 | 810 | 770 | 755 | 745 | 735 | 725 | 715 |
| 140 kg | 725 | 765 | 845 | 805 | 790 | 780 | 770 | 760 | 750 |
| SHW | 760 | 800 | 880 | 840 | 825 | 815 | 805 | 795 | 785 |