

## BENCHPRESS EQUIPE HOMMES

M=Multiply S=Singleply U=Unlimited

### OPEN

|             |   |       |                                 |      |                        |
|-------------|---|-------|---------------------------------|------|------------------------|
| <b>52</b>   | M | 87,5  | Cottoni Gérard (AFFFB)          |      |                        |
| <b>56</b>   | M | 100   | Iannocari (AFFFB)               |      |                        |
| <b>60</b>   | M | 140   | Melis (AFFFB)                   |      |                        |
| <b>67,5</b> | M | 162,5 | Vincent                         |      |                        |
|             | S | 120   | <i>Deblandre Alexandre</i>      | 2015 | Garons                 |
| <b>75</b>   | M | 214   | Garcia Jean-Luc (AFFFB)         | 2005 | Marseille              |
|             | S | 185   | <i>Eldin Vincent</i>            | 2016 | Bâton Rouge (US)       |
| <b>82,5</b> | M | 285   | Cacici Valentin                 | 2017 | Moscou                 |
|             | S | 195   | <i>Flamme Pieter</i>            | 2017 | St Prix                |
| <b>90</b>   | M | 275   | Cacici Valentin                 | 2017 | Prague                 |
|             | S | 250   | <i>Flamme Pieter</i>            | 2018 | Pont de Claix (Europe) |
|             | U | 240   | Theux Didier                    | 2024 | Le Mans                |
| <b>100</b>  | M | 315   | Barros Gameiro Steeve           | 2018 | Orlando (US)           |
|             | S | 220   | <i>Chavin Gazalier Stéphane</i> | 2017 | Pont de Claix          |
|             | U | 240   | Michelon Didier                 | 2024 | Le Mans                |
| <b>110</b>  | M | 336   | Barros Gameiro Steeve           | 2019 | Lahti (Finlande)       |
|             | S | 280   | <i>Guenard Alexandre</i>        | 2017 | St Prix                |
| <b>125</b>  | M | 357,5 | Michelon Didier                 | 2014 | Detroit                |
|             | S | 260   | <i>Michelon Didier</i>          | 2017 | St Prix                |
| <b>140</b>  | M | 400   | Ligier Richard                  | 2009 | Bournemouth            |
|             | S | 180   | <i>Bigorie Lilian</i>           | 2023 | Dax                    |
| <b>SHW</b>  | M | 380   | Ligier Richard                  | 2008 | Montbéliard            |
|             | S | 320   | <i>Lejeune Aurélien</i>         | 2020 | Nîmes                  |

### T1 13-15

|             |   |     |                       |      |              |
|-------------|---|-----|-----------------------|------|--------------|
| <b>52</b>   | M | 40  | Jouanin Rémy (AFFFB)  | 2003 | Marseille    |
| <b>56</b>   |   |     |                       |      |              |
| <b>60</b>   | M | 65  | Ruiz Loïc (AFFFB)     |      |              |
| <b>67,5</b> | M | 95  | Perrat Kévin (AFFFB)  | 1998 | Saint Helier |
| <b>75</b>   |   |     |                       |      |              |
| <b>82,5</b> |   |     |                       |      |              |
| <b>90</b>   |   |     |                       |      |              |
| <b>100</b>  | M | 100 | Mattei Romain (AFFFB) | 2005 | Marseille    |
| <b>110</b>  |   |     |                       |      |              |
| <b>125</b>  |   |     |                       |      |              |
| <b>140</b>  |   |     |                       |      |              |
| <b>SHW</b>  |   |     |                       |      |              |

**T2 16-17**

|             |   |       |                             |      |               |
|-------------|---|-------|-----------------------------|------|---------------|
| <b>52</b>   | M | 75    | Michaux Aldo (AFFFBB)       |      |               |
| <b>56</b>   |   |       |                             |      |               |
| <b>60</b>   | M | 90    | Shommer Alain (AFFFBB)      |      |               |
| <b>67,5</b> | M | 117,5 | Colin Brian (AFFFBB)        |      |               |
|             | S | 100   | Platel Théo                 | 2018 | Dax           |
| <b>75</b>   | M | 130   | Miccoli Jean-Marie (AFFFBB) |      |               |
| <b>82,5</b> | M | 155   | Hecre Jérémy (AFFFBB)       |      |               |
| <b>90</b>   | M | 117,5 | Berry (AFFFBB)              |      |               |
| <b>100</b>  | M | 152,5 | Da Costa Quentin            | 2012 | Pont de Claix |
| <b>110</b>  | M | 135,5 | Viot Victor                 | 2014 | Pont de Claix |
| <b>125</b>  |   |       |                             |      |               |
| <b>140</b>  |   |       |                             |      |               |
| <b>SHW</b>  |   |       |                             |      |               |

**T3 18-19**

|             |   |       |                          |      |               |
|-------------|---|-------|--------------------------|------|---------------|
| <b>52</b>   | M | 80    | Straub Sylvain (AFFFBB)  |      |               |
| <b>56</b>   | M | 75    | Charton (AFFFBB)         |      |               |
| <b>60</b>   | M | 95    | Kuhong Luat (AFFFBB)     |      |               |
| <b>67,5</b> | M | 117,5 | Colin Brian (AFFFBB)     |      |               |
| <b>75</b>   | M | 120   | Ayala Sébastien (AFFFBB) |      |               |
| <b>82,5</b> | M | 122,5 | Nappe Tanguy (AFFFBB)    | 1995 | Colombus      |
| <b>90</b>   | M | 117,5 | Berry Mathieu (AFFFBB)   |      |               |
|             | S | 155   | <i>Marechaux Alix</i>    | 2015 | <i>Garons</i> |
| <b>100</b>  | M | 125   | Petit Daniel (AFFFBB)    |      |               |
| <b>110</b>  | M | 152,5 | Jean (AFFFBB)            |      |               |
| <b>125</b>  | M | 170   | Hireche Dylan            | 2013 | Faremoutiers  |
| <b>140</b>  |   |       |                          |      |               |
| <b>SHW</b>  |   |       |                          |      |               |

**JUNIOR 20-23**

|             |   |       |                             |      |                |
|-------------|---|-------|-----------------------------|------|----------------|
| <b>52</b>   | M | 82,5  | Kuhong Luat (AFFFBB)        |      |                |
| <b>56</b>   |   |       |                             |      |                |
| <b>60</b>   | M | 112,5 | Souchon Samuel (AFFFBB)     |      |                |
| <b>67,5</b> | M | 135   | Magnan Fabien (AFFFBB)      | 2005 | Marseille      |
|             | S | 90    | <i>Bar Jonathan</i>         | 2017 | <i>St Prix</i> |
| <b>75</b>   | M | 165   | Alost Frédéric (AFFFBB)     |      |                |
| <b>82,5</b> | M | 190   | Keriguy Aaron               | 2014 | Malguenac      |
|             | S | 162,5 | <i>Campos David</i>         | 2017 | <i>St Prix</i> |
| <b>90</b>   | M | 185   | Hecre Jérémy (AFFFBB)       | 2003 | Nancy          |
| <b>100</b>  | M | 197,5 | Huppin (AFFFBB)             |      |                |
|             | S | 160   | <i>Verges James</i>         | 2016 | <i>Garons</i>  |
| <b>110</b>  | M | 210   | Lely Thibault               | 2011 | Pont de Claix  |
|             | S | 230   | <i>Krzonkalla Sébastien</i> | 2017 | <i>St Prix</i> |
| <b>125</b>  | M | 200   | Roche (AFFFBB)              |      |                |
| <b>140</b>  | M | 222,5 | Esteves Laurent (AFFFBB)    |      |                |
| <b>SHW</b>  | M | 300   | Hireche Dylan               | 2016 | Garons         |

**SUBMASTER 33-39**

|             |   |       |                             |      |                           |
|-------------|---|-------|-----------------------------|------|---------------------------|
| <b>52</b>   |   |       |                             |      |                           |
| <b>56</b>   |   |       |                             |      |                           |
| <b>60</b>   | M | 110   | Mailier Adrien              | 2022 | Trélazé                   |
| <b>67,5</b> | M | 155   | Eldin Vincent               | 2010 | Saint Vincent de Thyrosse |
| <b>75</b>   | M | 214   | Garcia Jean-Luc (AFFFBB)    | 2005 | Marseille                 |
| <b>82,5</b> | M | 182,5 | Cavanna David               | 2012 | Pont de Claix             |
|             | S | 195   | <i>Flamme Pieter</i>        | 2017 | <i>St Prix</i>            |
| <b>90</b>   | M | 270   | Barros Gameiro Steeve       | 2017 | St Prix                   |
|             | S | 245   | <i>Flamme Pieter</i>        | 2018 | Dax                       |
| <b>100</b>  | M | 310   | Barros Gameiro Steeve       | 2017 | Helsinki                  |
| <b>110</b>  | M | 320   | Szambelanczyk Bruno         | 2014 | Malguenac                 |
|             | S | 205   | <i>Roux Reymond Gregory</i> | 2017 | <i>Pont de Claix</i>      |
| <b>125</b>  | M | 325   | Szambelanczyk Bruno         | 2014 | West Palm Beach           |
| <b>140</b>  | M | 400   | Ligier Richard              | 2009 | Bournemouth               |
| <b>SHW</b>  | M | 380   | Ligier Richard              | 2008 | Montbéliard               |
|             | S | 320   | <i>Lejeune Aurélien</i>     | 2020 | <i>Nîmes</i>              |

**MASTER M1 40-44**

|             |   |       |                             |      |                         |
|-------------|---|-------|-----------------------------|------|-------------------------|
| <b>52</b>   | M | 82,5  | Dastugues Olivier (AFFFBB)  |      |                         |
| <b>56</b>   | M | 90    | Dastugues Olivier (AFFFBB)  |      |                         |
| <b>60</b>   | M | 120   | Tisserand Frédéric (AFFFBB) |      |                         |
| <b>67,5</b> | M | 130   | Miura (AFFFBB)              |      |                         |
|             | S | 120   | <i>Deblandre Alexandre</i>  | 2015 | <i>Garons</i>           |
| <b>75</b>   | M | 193   | Eldin Vincent               | 2014 | West Palm Beach         |
|             | S | 185   | <i>Eldin Vincent</i>        | 2016 | <i>Bâton Rouge (US)</i> |
| <b>82,5</b> | M | 170   | Nicoleau (AFFFBB)           |      |                         |
|             | S | 170   | <i>Fellag Mohamed</i>       | 2017 | <i>Pont de Claix</i>    |
| <b>90</b>   | M | 237,5 | Athias Eric                 | 2014 | Malguenac               |
|             | S | 170   | <i>Lebrun Didier</i>        | 2015 | <i>Garons</i>           |
| <b>100</b>  | M | 315   | Barros Gameiro Steeve       | 2018 | Orlando (US)            |
|             | S | 145   | <i>Perron Christophe</i>    | 2017 | <i>St Prix</i>          |
| <b>110</b>  | M | 336   | Barros Gameiro Steeve       | 2019 | Lahti (Finlande)        |
|             | S | 225   | <i>Roux Reymond Gregory</i> | 2019 | <i>Lahti (Finlande)</i> |
| <b>125</b>  | M | 280   | Merah Salim                 | 2012 | Pont de Claix           |
|             | S | 260   | <i>Dupire Mickael</i>       | 2018 | Dax                     |
| <b>140</b>  | M | 225   | Lofe Vincent                | 2015 | Vieux Charmont          |
| <b>SHW</b>  | M | 215   | Lofe Vincent                | 2014 | Malguenac               |

**MASTER M2 45-49**

|             |   |       |                              |      |                 |
|-------------|---|-------|------------------------------|------|-----------------|
| <b>52</b>   |   |       |                              |      |                 |
| <b>56</b>   |   |       |                              |      |                 |
| <b>60</b>   | M | 117,5 | Tisserand Frédéric (AFFFBB)  |      |                 |
| <b>67,5</b> | M | 125   | Lubineau Gérard              | 2012 | Pont de Claix   |
| <b>75</b>   | M | 170   | Da Costa Adriano             | 2012 | Pont de Claix   |
|             | S | 185   | <i>Eldin Vincent</i>         | 2017 | <i>Helsinki</i> |
| <b>82,5</b> | M | 175   | Athias Éric                  | 2020 | Nîmes           |
|             | S | 170   | <i>Lapicciarella Fabrice</i> | 2022 | <i>Trélazé</i>  |

|            |   |       |                       |      |                          |
|------------|---|-------|-----------------------|------|--------------------------|
| <b>90</b>  | M | 222,5 | Boizou Sébastien      | 2023 | Limerick (Irlande)       |
|            | S | 165   | <i>Bevan Patrick</i>  | 2015 | <i>Garons</i>            |
| <b>100</b> | M | 315   | Barros Gameiro Steeve | 2023 | Manchester (UK)          |
|            | S | 190   | <i>Dupuy Norbert</i>  | 2018 | <i>Dax</i>               |
| <b>110</b> | M | 302,5 | Michelon Didier       | 2010 | Saint Vincent de Thyross |
|            | S | 210   | <i>Dupuy Norbert</i>  | 2019 | <i>Beauvoisin</i>        |
| <b>125</b> | M | 330   | Michelon Didier       | 2012 | Pont de Claix            |
|            | S | 235   | <i>Merah Salim</i>    | 2016 | <i>Garons</i>            |
| <b>140</b> | M | 200   | Lofe Vincent          | 2017 | St Prix                  |
| <b>SHW</b> |   |       |                       |      |                          |

### MASTER M3 50-54

|             |   |       |                          |      |                   |
|-------------|---|-------|--------------------------|------|-------------------|
| <b>52</b>   |   |       |                          |      |                   |
| <b>56</b>   |   |       |                          |      |                   |
| <b>60</b>   |   |       |                          |      |                   |
| <b>67,5</b> | M | 162,5 | Vincent                  |      |                   |
| <b>75</b>   | M | 157,5 | Furfari Raphael (AFFFB)  |      |                   |
| <b>82,5</b> | M | 195   | Chavin Gazalier Stéphane | 2014 | Pont de Claix     |
|             | S | 145   | <i>Mignot Didier</i>     | 2019 | <i>Beauvoisin</i> |
| <b>90</b>   | M | 215   | Theux Didier             | 2012 | Pont de Claix     |
| <b>100</b>  | M | 245   | Chavin Gazalier Stéphane | 2011 | Riga              |
| <b>110</b>  | M | 250   | Platel Eric              | 2021 | Trofa (Portugal)  |
| <b>125</b>  | M | 357,5 | Michelon Didier          | 2014 | Detroit           |
|             | S | 260   | <i>Michelon Didier</i>   | 2017 | <i>St Prix</i>    |
| <b>140</b>  | S | 212,5 | <i>Bar Éric</i>          | 2020 | <i>Nîmes</i>      |
| <b>SHW</b>  |   |       |                          |      |                   |

### MASTER M4 55-59

|             |   |      |                                 |      |                               |
|-------------|---|------|---------------------------------|------|-------------------------------|
| <b>52</b>   |   |      |                                 |      |                               |
| <b>56</b>   |   |      |                                 |      |                               |
| <b>60</b>   | M | 97,5 | Gandon Christian (AFFFB)        |      |                               |
| <b>67,5</b> | M | 130  | Furfari Raphael (AFFFB)         |      |                               |
| <b>75</b>   | M | 190  | Theux Didier                    | 2017 | Pont de Claix                 |
| <b>82,5</b> | M | 230  | Theux Didier                    | 2016 | Stoke on Trent (UK)           |
| <b>90</b>   | M | 245  | Theux Didier                    | 2014 | Bakou                         |
|             | S | 175  | <i>Chavin Gazalier Stéphane</i> | 2018 | <i>Pont de Claix (Europe)</i> |
| <b>100</b>  | M | 236  | Chavin Gazalier Stéphane        | 2017 | Pont de Claix                 |
|             | S | 220  | <i>Chavin Gazalier Stéphane</i> | 2017 | <i>Pont de Claix</i>          |
| <b>110</b>  | M | 155  | Meier (AFFFB)                   |      |                               |
| <b>125</b>  |   |      |                                 |      |                               |
| <b>140</b>  |   |      |                                 |      |                               |
| <b>SHW</b>  |   |      |                                 |      |                               |

**MASTER M5 60-64****52****56****60**

|             |   |       |                              |      |                |
|-------------|---|-------|------------------------------|------|----------------|
| <b>67,5</b> | M | 115   | Garcia Yves (AFFFBB)         | 2005 | Helsinki       |
| <b>75</b>   | M | 137,5 | Feraud Guylhem               | 2007 | Montbeliard    |
| <b>82,5</b> | M | 150   | Chamburland Jean Pierre      | 2012 | Pont de Claix  |
| <b>90</b>   | M | 230   | Theux Didier                 | 2018 | Orlando (US)   |
| <b>100</b>  | M | 195   | Lebolay Marc (AFFFBB)        |      |                |
|             | S | 180   | <i>Michelon Didier</i>       | 2024 | <i>Le Mans</i> |
|             | U | 240   | Michelon Didier              | 2024 | Le Mans        |
| <b>110</b>  | M | 187,5 | Lebolay Marc (AFFFBB)        | 2003 | Marseille      |
| <b>125</b>  | M | 212,5 | Cavelier Jean-Marie (AFFFBB) | 2002 | Schmölln       |
| <b>140</b>  | M | 200   | Cavelier Jean-Marie (AFFFBB) | 2003 | Nancy          |

**SHW****MASTER M6 65-69****52****56****60**

|             |   |       |                          |      |                 |
|-------------|---|-------|--------------------------|------|-----------------|
| <b>67,5</b> | M | 125   | Furfari Raphael (AFFFBB) | 2003 | Nancy           |
| <b>75</b>   | M | 105,5 | Claude Jacques (AFFFBB)  |      |                 |
|             | S | 125   | <i>Sulime Joannis</i>    | 2020 | <i>Nîmes</i>    |
| <b>82,5</b> | M | 117,5 | Mihoud Lazreg            | 2013 | Faremoutiers    |
|             | S | 130   | <i>Thomas Xavier</i>     | 2017 | <i>St Prix</i>  |
| <b>90</b>   | M | 130   | <i>Mattei Francis</i>    | 2023 | <i>Dax</i>      |
|             | U | 240   | Theux Didier             | 2024 | Le Mans         |
| <b>100</b>  | M | 210   | Theux Didier             | 2023 | Manchester (UK) |
| <b>110</b>  | M | 165   | Vergnes Marc (AFFFBB)    | 2005 | Helsinki        |

**125****140****SHW****MASTER M7 70-74****52****56****60****67,5**

|             |   |       |                         |      |         |
|-------------|---|-------|-------------------------|------|---------|
| <b>75</b>   | M | 97,5  | Claude Jacques (AFFFBB) |      |         |
|             | S | 125,5 | <i>Sulime Joannis</i>   | 2022 | Trélazé |
| <b>82,5</b> | M | 71    | Pothee Pierre (AFFFBB)  |      |         |
| <b>90</b>   | M | 70    | Pothee Pierre (AFFFBB)  |      |         |
| <b>100</b>  | M | 90    | Garcia (AFFFBB)         |      |         |

**110****125****140****SHW**

## MASTER M8 75-79

52

56

60

67,5

S

87,5

Vasselin Gérard

2017

St Prix

75

82,5

90

100

110

125

140

SHW