

WPC AWPC - European Championships, Powerlifting & Single-lifts Benchpress & Deadlift Championships 2026

● **Venue:** Castletroy Park Hotel, Limerick Ireland.

Powerlifting = Raw - Classic Raw - Single-ply & Multi-ply.

Single lifts Benchpress = Raw - Single-ply - Multi-ply & Unlimited.

Single lifts Deadlift = Raw - Single-ply - Multi-ply.

● **Lifting Schedule WPC/AWPC**

DAY 1 - Monday - June 1st

RAW POWERLIFTING: for all categories, women.

EQUIPPED POWERLIFTING: (SINGLE-PLY & MULTIPLY) for all categories, women & men.

POWERLIFTING: All special Olympic/disable lifters only: for all categories, women & men.

DAY 2 - Tuesday - June 2nd

RAW POWERLIFTING: for all categories, men.

DAY 3 - Wednesday - June 3rd

CLASSIC RAW POWERLIFTING: for all categories, women.

DAY 4 - Thursday - June 4th

CLASSIC RAW POWERLIFTING: for all categories men, teenage junior & masters.

DAY 5 - Friday June 5th

CLASSIC RAW POWERLIFTING: for all open men.

DAY 6 - Saturday June 6th

BENCHPRESS (RAW, SINGLE-PLY, MULTIPLY & UNLIMITED) for all categories, women & men.

DEADLIFT (RAW, SINGLE-PLY, MULTIPLY) for all categories, women & men.

● **Weigh-in Schedule**

Weigh-ins will take place at the venue the Castletroy Park Hotel.

ID passport or driver license must be shown at weigh-in under no circumstances will any lifter be permitted to weigh-in without official ID.

Under no circumstances will any lifter be allowed weigh-in on the day lift.

Day 1 – Lifters weigh in on Sunday May 31st. 10.00am–12.00pm & 3.00pm–5.00pm

All other days Weigh-in times are daily @ 9.00am–11.00am & 3.00pm–5.00pm

Day 2 – Lifters weigh-in on Monday 1st.

Day 3 – Lifters weigh-in on Tuesday 2nd.

Day 4 – Lifters weigh-in on Wednesday 3rd.

Day 5 – Lifters weigh-in on Thursday 4th.

Day 6 – Lifters weigh-in on Friday 5th.

Awards ceremony will take place at the end of each day's lifting session.

● Lifters entry fees

Entry fee €110.00 - If doing crossover or additional divisions first entry is **€110.00** and all other extra entries after are at **€55.00** per entry.

*Lifters entering both Junior/Open or Master/Open same applies entry fee **€110.00 + €55.00***

ENTRY CLOSING DATE: Wednesday April 1st 2026

This is strictly the deadline there will be no late penalty fee option after this date there will be NO EXCEPTIONS

WPC AWPC International team entry forms will also be available on both websites
<http://www.worldpowerliftingcongress.com> & www.powerliftingireland.ie

● **All International entries will only be accepted from your WPC affiliated country head.**

Payment Details

Please leave message stating country affiliation when making payment.

PayPal payment is available you will need to add 2.99% on top of the total entry fee to cover transaction fee. Payment can be made to **@ipopowerlifting**

This is a business PayPal account, and personal payments are not allowed under PayPal's terms.

To make sure everything is smooth and compliant, all athlete entries and payments will be coordinated through your Country Head. They will guide you through the process and ensure you receive the correct PayPal invoice for payment.

● HOTEL AND VENUE INFORMATION

I highly recommend the Castletroy Park hotel it's a 4-star hotel 134 bedrooms and suites.

With a state-of-the-art Leisure Club Sunna and indoor 20-meter heated swimming pool you won't be disappointed lovely rooms great staff very friendly and to top it off great food. I do advice you guys to book asap payment doesn't have to be paid till you arrive.

● RATES!

SINGLE BB: €155.00

DBL/TWIN BB: €175.00

Booking Reference: WPC AWPC Europeans 26.

To book room please call or email hotel directly with the above reference to secure room with card details payment will not be taken till you arrive.

PH: +35361335566

Email: reservations@castletroypark.ie

<https://www.castletroypark.ie>

While you're in Limerick, you won't want to miss the chance to explore the city and its surrounding areas. Here's a guide for all athletes and attendees on what to do and see:

 Explore Limerick City 

King John's Castle: Dive into Ireland's rich history by visiting this stunning medieval fortress, offering breathtaking views of the city.

The Milk Market: Discover local flavors and artisanal goods at this vibrant market, open on weekends.

Hunt Museum: Explore a remarkable collection of art and antiquities from around the world.

University of Limerick: Take a stroll through the beautiful campus and enjoy the scenic surroundings.

River Shannon: Relax by the river, go for a walk, or even take a boat tour.

Venture Beyond Limerick

Cliffs of Moher: A short drive away, these dramatic cliffs offer stunning coastal views.

The Burren: Explore the unique limestone landscape and its diverse flora.

Ring of Kerry: Embark on a scenic drive through one of Ireland's most famous routes.

Bunratty Castle: Step back in time at this well-preserved medieval fortress and folk park.

Irish Cuisine

Savor traditional Irish dishes like stew, boxty, and seafood chowder at local restaurants.

Don't forget to try a pint of Guinness at an authentic Irish pub.


Live Music

Experience the lively Irish music scene in local pubs, often featuring traditional folk tunes and contemporary bands.

Shopping

Find unique souvenirs and Irish crafts in the city's boutique shops.

Historic Sites

Explore ancient ruins like the Rock of Cashel and Cahir Castle, not far from Limerick. Remember, Limerick and its surroundings offer a wealth of experiences for athletes and attendees alike. So, when you're not at the powerlifting championships, take the time to immerse yourself in the culture, history, and natural beauty that this part of Ireland has to offer. We can't wait to welcome you to this incredible event!  IE #AWCWorldPowerliftingChampionships #LimerickAdventures

● Airports & Transport

Shannon international airport, Only 30 mins drive to the hotel venue & 20 mins drive to Limerick city center.

<https://www.shannonairport.ie/gns/passengers/home.aspx>.

Dublin airport 2 hours by car or 2.5 hours by bus from Limerick city.

<https://www.dublinairport.com>

● Buses from Dublin Airport.

<https://www.citylink.ie/...>

● Tourist attractions

<https://www.shannonheritage.com/KingJohnsCastle/>

<https://www.shannonheritage.com/BunrattyCastleAndFolkPark/>

<https://www.wildatlanticway.com/home>

For any other information please email Irishpowerliftingorganisation@yahoo.com
I look forward to welcoming you all to Ireland.

Shane Brodie
President IPO AIPO - WPC Ireland
Promoter WPC AWPC - European Championships 2026